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# Late onset deficits in synaptic plasticity in the valproic acid rat model of autism

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#### 30 Abstract

31 Valproic acid (VPA) is a frequently used drug in the treatment of epilepsy, bipolar disorders and 32 migraines; however it is also a potent teratogen. Prenatal exposure increases the risk of childhood 33 malformations and can result in cognitive deficits. In rodents in utero exposure to VPA also causes 34 neurodevelopmental abnormalities and is an important model of autism. In early postnatal life VPA 35 exposed rat pups show changes in medial prefrontal cortex (mPFC) physiology and synaptic 36 connectivity. Specifically, principal neurons show decreased excitability but increased local 37 connectivity, coupled with an increase in long-term potentiation (LTP) due to an up-regulation of 38 NMDA receptor (NMDAR) expression. However recent evidence suggests compensatory 39 homeostatic mechanisms lead to normalization of synaptic NMDA receptors during later postnatal 40 development. Here we have extended study of mPFC synaptic physiology into adulthood to better 41 understand the longitudinal consequences of early developmental abnormalities in VPA exposed rats. 42 Surprisingly in contrast to early postnatal life and adolescence, we find that adult VPA exposed rats 43 show reduced synaptic function. Both NMDAR mediated currents and LTP are lower in adult VPA 44 rats, although spontaneous activity and endocannabinoid dependent long-term depression are normal. 45 We conclude that rather than correcting, synaptic abnormalities persist into adulthood in VPA exposed rats, although a quite different synaptic phenotype is present. This switch from hyper to 46 hypo function in mPFC may be linked to some of the neurodevelopmental defects found in prenatal 47 48 VPA exposure and autism spectrum disorders in general.

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### 50 1 Introduction

51 Due to its anti-convulsant action and mood stabilizing properties valproic acid (VPA) is a common 52 treatment for bipolar disorder and childhood epilepsy (McElroy et al., 1989). These stabilizing 53 properties have been attributed to the action of VPA on GABA transaminobutyrate and sodium ion 54 channels, however more recently VPA has been described as a histone deacetylase inhibitor 55 (Göttlicher et al., 2001) leading to renewed interest in VPA for the treatment of a wide range of 56 psychiatric and non-psychiatric diseases (Chateauvieux et al., 2010). Unfortunately VPA is also a 57 potent teratogen and prenatal exposure increases the risk of congenital malformations and neural tube defects (Meador et al., 2008). Specifically VPA exposure in utero results in neurodevelopmental 58 59 delays apparent in poor verbal performance and cognitive impairments (Nadebaum et al., 2011; 60 Meador et al., 2013). Furthermore prenatal VPA exposure is associated with a seven-fold increased 61 risk of developing autism spectrum disorders and is a significant prenatal hazard (Rasalam et al., 62 2005; Bromley et al., 2008; Christensen et al., 2013).

*In utero* injection of VPA during neural tube closure in rats and mice results in progeny that model some of the neurodevelopmental changes found in humans. Most prominent is an increase in autistic like behaviors in VPA exposed rodents; notably increased repetitive behaviors, reduced social interaction and hypersensitivity (Schneider and Przewłocki, 2004; Dufour-Rainfray et al., 2010; Gandal et al., 2010; Mehta et al., 2011; Kim et al., 2011). These behaviors have led to the proposal that *in utero* exposure to VPA may represent a useful rodent model of autism and is the basis of the "intense world theory" of autism (Markram et al., 2007).

70 Changes in local and distant connectivity in the brain has been proposed as a possible cause of 71 autistic behavior (Geschwind and Levitt, 2007). Using the in utero VPA exposure model, local 72 changes in principal neuron connectivity and excitability have been found in the rat medial prefrontal cortex (mPFC) (Rinaldi et al., 2008a, 2008b). This is perhaps particularly pertinent since the mPFC is 73 74 linked to autistic behaviors and mPFC abnormalities are found in many neuropsychiatric disorders 75 (Goto et al., 2010). The mPFC synaptic physiology in the VPA exposed rat pups appears to be tuned 76 to a hyper-connected, hyper-excitable state, notable for an increase in NMDA receptor (NMDAR) 77 synaptic expression and an enhancement of long-term potentiation (LTP) (Rinaldi et al., 2007, 78 2008b; Kim et al., 2013). However, recent recordings from older adolescent VPA exposed rats (P30 79 days) have suggested a normalization of both synaptic physiology and neuronal excitability to naïve 80 levels as pups develop (Walcott et al., 2011). In common with autism spectrum disorders, behavioral 81 deficits are present throughout life in the rat VPA model (Roullet et al., 2013), however a description 82 of adult synaptic physiology is lacking making it unclear if the synaptic compensatory mechanisms 83 found at P30 extend into adulthood.

In this study we have examined synaptic physiology in the mPFC of the prenatally VPA exposed rat from adolescence into adulthood. Surprisingly we find a reversal of the enhanced synaptic NMDAR expression phenotype found in VPA rat pups; such that adult VPA exposed neurons show a deficit in NMDAR mediated currents. Furthermore these adult neurons show a loss of LTP compared to controls, but unaltered long-term depression (LTD).

## 89 2 Materials and methods

90 **2.1** Animals

All animals were group housed with 12 h light/dark cycles in compliance with the European Communities Council Directive (86/609/EEC). Time-mated female Wistar rats received a single intra-peritoneal dose of 600 mg/kg valproic acid (VPA, Sigma; prepared as 300 mg/ml saline solution) at gestational day E12 (Schneider and Przewłocki, 2004). Control dams received a single similar volume injection of saline at the same gestational time-point. Adolescent rats were P48  $\pm$  2 days (VPA: 3 males, 1 litter; Saline: 3 males, 1 litter); adult rats were P120  $\pm$  10 days (VPA: 9 males, 2 litters; Saline: 7 males, 2 litters).

#### 98 2.2 Slice preparation and electrophysiology

After isoflurane anesthetization and decapitation, brains were sliced (300  $\mu$ m) in the coronal plane in a sucrose-based solution (in mM: 87 NaCl, 75 sucrose, 25 glucose, 4 KCl, 2.1 MgCl<sub>2</sub>, 0.5 CaCl<sub>2</sub> 18 NaHCO<sub>3</sub> and 1.25 NaH<sub>2</sub>PO<sub>4</sub>). Slices were allowed to recover for 60 min at 32–35°C in artificial cerebrospinal fluid (aCSF; 126 NaCl, 2.5 KCl, 2.4 MgCl<sub>2</sub>, 1.2 CaCl<sub>2</sub>, 18 NaHCO<sub>3</sub>, 1.2 NaH<sub>2</sub>PO<sub>4</sub> and 11 glucose; equilibrated with 95% O<sub>2</sub>/5% CO<sub>2</sub>) before transfer to the recording chamber.

104 Whole-cell patch-clamp and extra-cellular field recordings were made from layer V/VI pyramidal 105 cells in coronal slices of prelimbic PFC (Lafourcade et al., 2007). For recording, slices were 106 superfused (2 ml/min) with aCSF. All experiments were performed at 32-35 °C. The recording aCSF 107 contained picrotoxin (100 µM, Sigma) to block GABA<sub>A</sub> receptors. To evoke synaptic currents, 150-108 200 µs stimuli were delivered at 0.1Hz through an aCSF-filled glass electrode positioned dorsal-109 medial to the recording electrode in layer V (Figure 1A). Pyramidal neurons were visualized using an 110 infrared microscope (BX-50, Olympus). Patch-clamp experiments were performed with electrodes 111 filled with a cesium methane-sulfonate based solution (in mM; 143 CH<sub>3</sub>O<sub>3</sub>SCs, 10 NaCl, 1 MgCl<sub>2</sub>, 1 EGTA, 0.3 CaCl<sub>2</sub>, 2 Na<sup>2+</sup>-ATP, 0.3 Na<sup>+</sup>-GTP, 10 glucose buffered with 10 HEPES, pH 7.3, 112 113 osmolarity 290 mOsm). Prior to break-through into the cell, pipette capacitance was compensated 114 and the reference potential of the amplifier was adjusted to zero. Junction potentials were not 115 corrected. Electrode resistance was 3-5 MOhm. If access resistance was greater than 20 MOhm or 116 changed by >20% during the period of recording, the experiment was rejected. During recording 117 holding currents, series resistance and membrane time constant  $(\tau)$  were monitored. Only 118 monosynaptic EPSCs were recorded with a latency of < 5ms. In extracellular field experiments, the 119 recording pipette was filled with aCSF. The glutamatergic nature of the field excitatory postsynaptic 120 potential (fEPSP) was confirmed at the end of the experiments using the ionotropic glutamate 121 receptor antagonist 6,7-dinitroquinoxaline-2, 3-dione (DNQX, 20 µM; NIMH)

122 Input-output profiles were recorded for all fEPSP recordings. For time course experiments the 123 stimulation intensity was that necessary give a response 40 – 60 % of the maximal. fEPSPs were 124 recorded at 0.1 Hz. Using the same stimulation intensity as baseline, LTP was induced by a repeated 125 (4 times, 10 s interval) theta burst stimulation (TBS; 4 100 Hz pulses repeated 5 times separated by 126 200 ms). LTD was likewise induced by a steady 10 Hz stimulation for 10 minutes.

#### 127 **2.3 Data acquisition and analysis**

128 Data was recorded on a MultiClamp700B (Axon Instruments), filtered at 2kHz, digitized (10kHz,

129 DigiData 1440A, Axon Instrument), collected using Clampex 10.2 and analyzed using Clampfit 10.2

130 (all from Molecular Device, Sunnyvale, USA). Analysis of both area and amplitude of fEPSPs and

131 EPSCs was performed.

132 The magnitude of LTP and LTD was calculated 25 - 30 minutes after tetanus as percentage of 133 baseline responses. To determine the AMPA/NMDA ratio, the AMPAR component amplitude was 134 measured from EPSC at -70mV. The NMDAR component amplitude was determined 50ms after the 135 peak AMPAR-evoked EPSC at +40mV, when the AMPAR component is over (Kasanetz and 136 Manzoni, 2009). In a subset of experiments the AMPAR mediated current was inhibited with the 137 selective antagonist 2,3-dihydroxy-6-nitro-7-sulfamoyl-benzo[f]quinoxaline-2,3-dione (NBOX, 10 138 µM; NIMH) to confirm the absence of an AMPAR contribution to the measured NMDAR 139 component (Figure 1B). Spontaneous EPSCs were analyzed with Axograph X (Axograph). Statistical 140 analysis of data was performed with GraphPad Prism (GraphPad Software Inc., La Jolla, CA) using 141 tests indicated in the main text after Grubbs' outlier subtraction (99% confidence). All values are 142 given as mean  $\pm$  standard error, n values represent individual animals and statistical significance was 143 set at \*p < 0.05 and \*\*p < 0.01.

144 **3 Results** 

## 145 **3.1** Late onset deficits in synaptic currents are found in the mPFC of adult VPA exposed rats

Recently is has been reported that mPFC hyper-function found in juvenile rats exposed to the teratogen VPA is corrected in adolescent rats (Walcott et al., 2011). If such a strong compensatory mechanism exists during pup development, we asked if these modifications persist into adulthood. We focused on glutamatergic synapses of principal neurons in layer V/VI of the prelimbic region of the mPFC. These output neurons not only show a full range of synaptic plasticity throughout development into adulthood, but are also implicated in mPFC linked synaptopathologies (Lafourcade et al., 2011; Iafrati et al., 2013; Kasanetz et al., 2013).

153 We first verified, as reported by Walcott et al. that synaptic gain function is normalized in adolescent 154 VPA exposed rats by recording evoked synaptic AMPAR and NMDAR currents and using the ratio 155 of the two events as a measure of their modification. Neurons from adolescent rats exposed either to 156 VPA or saline *in utero* reliably showed evoked EPSCs when voltage-clamped at both -70 mV 157 (negative deflections) and +40 mV (positive defections, Figure 2A). In the mPFC, at -70 mV fast inward EPSCs are principally AMPAR mediated, whereas at +40 mV a mixed AMPAR and 158 159 NMDAR outward current is detected. Thus we calculated an index for the ratio AMPAR to NMDAR 160 mediated currents (AMPA-NMDA ratio) by dividing the maximal amplitude of the response at -70 161 mV (AMPA), by the +40 response amplitude at a predetermined time point after the fast AMPAR 162 event had decayed to zero (NMDA). In agreement with Walcott et al. we find that this measure is 163 broadly the same in both saline and VPA exposed neurons in adolescent rats (Figure 2B).

164 Given this compensatory rebalancing of synaptic function in adolescent rats, we asked if a similar 165 effect is found in adult rats exposed to VPA in utero. At P120 strong EPSCs could be evoked from 166 deep layer mPFC neurons clamped at -70 mV in both saline and VPA treated rats, however responses 167 recorded at +40 mV were notably reduced in VPA neurons (Figure 2C). Repeating the same measure 168 used in the adolescent rats, we calculated the AMPA-NMDA in our adult animals (Figure 2D). 169 Surprisingly we found that in rats exposed to VPA in utero there was a significant increase in the 170 AMPA-NMDA ratio compared to saline controls (p = 0.024; Mann-Whitney U test). Notably saline 171 treated adult rats had an AMPA-NMDA ratio similar to the value calculated for adolescents, whereas 172 VPA treated rats had an elevated AMPA-NMDA ratio compared to both of these groups. Therefore 173 in contrast to the reported reduction in AMPA-NMDA ratio found in mPFC of juvenile VPA exposed 174 rats (Rinaldi et al., 2007, 2008a), we find an increase in this index in adulthood.

Anecdotally the increase in AMPA-NMDA ratio found in adult VPA neurons appeared to be due to a change in NMDAR mediated currents; however a change in this index can be linked to a number of other synaptic parameters. Therefore we further characterized some of the basic properties of these synapses. Taking a systematic approach, we first measured field EPSPs (fEPSP) from layer V/VI neurons to build input-output profiles in saline and VPA neurons. fEPSPs evoked by electrical stimulation in the same layer showed a similar profile in response to increasing stimulation intensity (Figure 3A). Furthermore input-output curves from saline and VPA exposed neurons were nearly

182 identical. Therefore these synapses do not show and gross changes in excitability.

183 To further characterize these synapses, we measured quantal events by recording spontaneous EPSCs 184 (sEPSC). Both saline control and VPA neurons showed robust spontaneous EPSCs in adulthood 185 (Figure 3B). We used the cumulative distribution of the amplitude of events to gauge any differences between the two groups (Figure 3C). However both the distribution and the mean amplitude of 186 187 spontaneous events were broadly the same in VPA exposed and saline control neurons. At resting membrane potential (-70 mV) these events are principally AMPAR mediated, therefore as previously 188 189 reported in adolescent animals (Walcott et al., 2011), VPA exposure does not appear to strongly 190 effect AMPAR currents. Likewise, we compared the frequency of sEPSC by comparing the 191 cumulative distribution of the interval between events (Figure 3D). Both saline and VPA exposed 192 neurons had a similar distribution and average interval between events. Therefore both presynaptic 193 release and post synaptic AMPAR are similar in control and VPA exposed neurons in the mPFC.

#### 194 3.2 Adult VPA mPFC neurons have deficits in LTP, but not LTD

195 In juvenile rats exposed to VPA, a decrease in AMPA-NMDA ratio was linked to increased LTP in 196 the mPFC (Rinaldi et al., 2007). Since in adult VPA exposed rats we observe the opposite 197 phenomenon, we asked if adult VPA rats might instead show reduced LTP. We recorded fEPSPs in layer V/VI and challenged slices with a short theta burst stimulation (TBS) LTP protocol; this 198 199 induces a post-synaptic NMDAR dependent form of LTP (Iafrati et al., 2013). In saline controls a 200 robust potentiation of fEPSPs was observed that was stable over the period of recording. In contrast in recordings from VPA exposed neurons, fEPSPs were smaller than saline controls (Figure 4A). 201 202 Taking the fEPSP strength pre and post TBS we compared LTP in saline and VPA treated rats 203 (Figure 4B). In control slices TBS induced a significant LTP (p = 0.012; Paired t test), whereas in 204 VPA slices there we did not detect a significant potentiation (p = 0.177; Paired t test). Converting the post TBS fEPSP to a percent LTP, we plotted the cumulative distribution of the percent LTP in 205 206 individual experiments. The distribution of VPA exposed neurons is left shifted compared to saline 207 controls, indicating a reduction in LTP (Figure 4C). Therefore in contrast to juvenile VPA exposed 208 neurons in the mPFC, adult neurons show a reduction in NMDAR mediated LTP.

209 To confirm this reduction in LTP is a specific phenomenon linked to our observed changes in AMPA-NMDA ratio, we tested another form of activity dependent plasticity that is independent of 210 211 NMDARs in the mPFC. Endocannabinoid-dependent long-term depression (eCB-LTD) induced by 212 steady 10 Hz stimulation, engages an mGluR5 mediated mechanism that requires retrograde 2-AG 213 signaling to presynaptic CB<sub>1</sub> receptors (Lafourcade et al., 2007, 2011). Recording fEPSPs from 214 mPFC deep layers, we induced eCB-LTD in saline and VPA in utero treated adult rats. Both groups 215 showed an initial strong depression in fEPSP in response to 10 Hz stimulation that stabilized at 216 approximately 80 % of the baseline response (Figure 5A). Again we compared the response pre and 217 post eCB-LTD (Figure 5B). In both saline controls and VPA exposed neurons we saw a significant depression of fEPSP (Saline: p = 0.042; VPA: p = 0.005; Paired t test). Converting fEPSPs to percent 218

LTD we compared the amount of depression in the two groups. Unlike LTP, the distribution and strength of LTD was similar between control and VPA neurons (Figure 5C). Therefore eCB-LTD is

221 unaffected in adult rats exposed to VPA *in utero*.

# 222 **4 Discussion**

In this study we have traced changes in mPFC synaptic physiology in the VPA rat from adolescence to adulthood. Juvenile rats exposed *in utero* to the teratogen VPA have a hyper-connected mPFC with enhanced NMDAR function (Rinaldi et al., 2007, 2008b). However recent evidence suggests that this phenotype is normalized as pups reach puberty (Walcott et al., 2011). Given the late maturation of the PFC, we wished to extend this synaptic description into adulthood to better understand the developmental consequences VPA exposure. Surprisingly in contrast to VPA rat pups and adolescents, we found evidence of synaptic hypo-function during adulthood.

Compared to controls, VPA neurons in the mPFC show a reduced and delayed increase in AMPA-NMDA ratio over early post-natal development (Rinaldi et al., 2007; Walcott et al., 2011). However by the time rats reach early adolescence (P30) this parameter is similar in both VPA and saline controls. In concord we find that at puberty (P40-50) that the AMPA-NMDA ratio is not significantly different between control and VPA rats in the mPFC. However, when we extended measurement of the AMPA-NMDA ratio into young adulthood (P110-130) we found a significant increase of this index in VPA rats, but not controls.

237 The AMPA-NMDA ratio is a strong measure of synaptic state, particularly the relative number of 238 AMPARs and NMDARs in the post-synapse (Watt et al., 2000), however other synaptic variables 239 may also be involved. Therefore to better interpret the unexpected increase in AMPA-NMDA ratio in 240 adult VPA rats, we measured quantal mPFC activity. Focusing on AMPAR mediated events we 241 recorded spontaneous EPSCs in layer V/VI neurons. We found that neither the average amplitude nor 242 distribution of spontaneous events was different in VPA and saline controls, indicating that synaptic 243 AMPAR are unchanged in these rats. Likewise we failed to observe any change in frequency of 244 spontaneous events. Superficially this is inconsistent with the local hyper-connectivity reported in the 245 mPFC of juvenile VPA rats (Rinaldi et al., 2008b). However our measurements of spontaneous 246 activity do not distinguish between local and distant connections, thus a relative reduction in distant 247 connectivity could account for this inconsistency (Geschwind and Levitt, 2007; Rinaldi et al., 248 2008b).

249 The simplest interpretation of our AMPA-NMDA ratio in light of unchanged spontaneous activity is 250 that NMDAR currents are reduced in adult rats exposed to VPA in utero. In the young VPA rat, 251 Rinaldi et al. (2007) directly linked a decrease in AMPA-NMDA ratio to an increase in expression of 252 GluN2a and GluN2b and a subsequent increase in LTP. Our increase in AMPA-NMDA ratio in the 253 adult VPA rat was suggestive that the opposite phenomenon might occur in these older animals. 254 Indeed, when we challenged deep layer mPFC neurons with TBS LTP protocol there was a 255 measurable loss in potentiation with VPA exposure compared to saline controls. A similar NMDAR 256 linked loss of LTP is found in a number of mouse genetic models of autism (Ebert and Greenberg, 257 2013; Jiang and Ehlers, 2013), suggesting the adult VPA rat shares similarities with these mice. We 258 found no change in mGluR5 mediated eCB-LTD in these synapses, demonstrating that this deficit in 259 LTP is not a general loss of synaptic gain function.

Fragile X syndrome (FXS) is a genetic disorder with a complex endophenotype that often includes 260 261 autism linked behaviors (Cornish et al., 2008). Similar to our findings in VPA rats, FXS mice show a reduction in NMDAR expression in the mPFC and a loss of LTP (Zhao et al., 2005; Meredith et al., 262 263 2007; Krueger et al., 2011). Likewise in young FXS mice (2 – 3 weeks) mGluR5 mediated LTD is unaffected (Desai et al., 2006; Meredith et al., 2007), although in adult mice a deficit in coupling 264 265 between mGluR5 activation and retrograde signaling appears to be responsible for a loss in eCB-266 LTD (Jung et al., 2012). Similar to the VPA rat, age and development linked deficits in synaptic 267 physiology appear to be present in the FXS mouse, although differences in early postnatal life 268 suggest these two models of autism are not directly comparable (Desai et al., 2006; Rinaldi et al., 269 2007).

270 The surprising finding in this study is that rats prenatally exposed to VPA pass from an enhanced 271 LTP phenotype in early life to a LTP deficit phenotype in adulthood. Immediately before puberty and 272 during adolescence NMDAR mPFC physiology appears similar to saline control suggesting that VPA 273 neurons transition through a normal period between a hyper to hypo synaptic function. It has been 274 proposed that homeostatic compensatory mechanisms may be responsible for the initial normalization of mPFC neuronal function in VPA rats (Walcott et al., 2011). How these 275 276 compensatory synaptic scaling mechanisms work is unclear, however our results suggest that the 277 action of normalizing hyper function in early life may subsequently lead to the loss of LTP in 278 adulthood. Such a rebound effect may be due to the engagement of feedback loops that act over 279 extended periods of development. It is also noteworthy that in our recordings we average across layer 280 V/VI neuronal responses. This is significant since layer V principal neurons appear to belong to one 281 of two subtypes with differing intrinsic properties and output projects (Dembrow et al., 2010; Lee et al., 2014). Regardless our results strongly argue for the importance of longitudinal studies when 282 283 investigating early changes in synaptic physiology.

284 Prenatally treated VPA rats show behavioral deficits that share similarities with core autistic 285 behaviors, in common with a small percentage of children that develop autism due to an exposure to VPA during pregnancy (Roullet et al., 2013). A validation of our observations would be to link 286 287 autism associated behaviors in the VPA rat at specific ages with deficits in mPFC plasticity. 288 Consistent with a delay in normalizing synaptic currents in early post-natal development, VPA rats 289 and mice show a latency in nest-seeking behavior and bedding odor discrimination compared to 290 control pups (Schneider and Przewłocki, 2004; Roullet et al., 2013), although these behaviors are not 291 mPFC dependent. Deficits in social interaction are more clearly linked to abnormalities in mPFC 292 function and these are consistently reported in the VPA rat (Roullet et al., 2013). However, from the 293 earliest time points (pre-weaning, (Roullet et al., 2010)), into adolescence and adulthood social 294 deficits are found in VPA exposed rats (Schneider and Przewłocki, 2004; Dufour-Rainfray et al., 295 2010; Kim et al., 2011). Therefore a direct link to social behavior and age dependent changes in 296 NMDAR mediated LTP does not appear to be present. This of course does not exclude the 297 importance of increased synaptic NMDAR and LTP in the formation of a locally hyper-connected 298 state in the VPA rat pup (Rinaldi et al., 2008a, 2008b). Other longitudinal tests of mPFC linked 299 behaviors have not yet been reported in the VPA rat, although an adulthood deficit in radial maze 300 learning is present (Narita et al., 2010). Ultimately a systematic test of mPFC dependent behaviors 301 from adolescence to adulthood will be necessary to identify the specific late-onset behavioral deficits 302 which our findings allude to.

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# 423 **7 Figure Legends**

424 **Figure 1. AMPA – NMDA ratio experimental design.** (**A**) Bright-field snapshot of coronal slice 425 detailing prelimbic mPFC division (x-axis medial – lateral; y-axis dorsal – ventral). Typical 426 positioning of stimulation electrode (S) and patch-clamp recording electrode (R) are indicated (scale 427 bar 100  $\mu$ m). (**B**) Example traces from AMPA – NMDA ratio calculation. NMDAR mediated current 428 was taken as V<sub>C</sub> +40 mV value 50 ms after peak AMPAR mediated current measured at -70 mV 429 (indicated by dashed line). NBQX insensitive current (green) and subtracted current (red) at V<sub>C</sub> +40 430 mV show that AMPAR mediated currents are close to zero at NMDAR current measurement point.

431 Figure 2. AMPA - NMDA ratio is increased in adult but not adolescent VPA mPFC neurons. 432 (A) Example EPSCs recorded from visually identified pyramidal neurons in layer V/VI mPFC from 433 adolescent rats (P45-49). Negative traces represent inward evoked currents from neurons patch-434 clamped at -70 mV, positive traces represent outward evoked currents from neurons patch-clamped at 435 +40 mV. Scale bar 50 ms, 100 pA. (B) Average AMPA/NMDA ratio from adolescent rats exposed to 436 saline or VPA in utero. (C) Similar evoked example EPSC traces from visually identified deep layer 437 pyramidal neurons from adult rats (P110-130). (D) Average AMPA/NMDA ratio from adult rats 438 exposed to saline or VPA in utero. Data points represent AMPA/NMDA ratio from individual 439 animals. Data shown as mean  $\pm$  s.e.m.; \*p < 0.05.

440 Figure 3. Basal synaptic activity is normal in adult VPA neurons. (A) Input - Output 441 relationships derived from evoked fEPSPs in deep layer mPFC. Sample fEPSP traces from saline and 442 VPA treated rats showing fEPSP change in response to 10 pA stimulation steps (top). Scale bar 443 10ms, 0.5 mV. Average fEPSP amplitude from saline and VPA neurons (bottom). (B) Spontaneous 444 EPSCs from pyramidal neurons patch-clamped at -70 mV. Scale bar 0.5 s, 10 pA. (C) Cumulative 445 probability plot of individual spontaneous EPSCs from adult saline and VPA neurons. Average 446 amplitude EPSC from individual animals (insert; Saline, n = 5; VPA, n = 7). (D) Cumulative 447 probability plot of intervals between spontaneous EPSC events from saline and VPA neurons. 448 Average recorded interval between spontaneous events from individual neurons (insert). Data shown 449 as mean  $\pm$  s.e.m.

Figure 4. Deficits in LTP are present in VPA exposed mPFC neurons. (A) Time course of normalized fEPSP responses from layer V/VI adult rats treated with saline or VPA *in utero*. Theta burst LTP stimulation is indicated by arrow. (B) Change in normalized fEPSP pre- (Baseline) and post- (LTP; 25 minutes after TBS) theta burst stimulation LTP. Darker points represent the mean fEPSP. (C) Cumulative probability plot of percent LTP from individual experiments. Data shown as mean  $\pm$  s.e.m.; \*\*p < 0.01.

Figure 5. LTD is normal in VPA exposed mPFC neurons. (A) Time course of normalized fEPSP responses from layer V/VI adult rats treated with saline or VPA *in utero*. 10 Hz eCB-LTD stimulation is indicated by bar. (B) Change in normalized fEPSP pre- (Baseline) and post- (LTD; 25 minutes after 10 Hz stimulation) eCB-LTD. Darker points represent the mean fEPSP. (C) Cumulative probability plot of percent LTD from individual experiments. Data shown as mean  $\pm$ s.e.m.; \**p* < 0.05, \*\**p* < 0.01. Figure 1.TIF















D







Β

Α

fepsp (%)

120

100



VPA

VPA



С



